

SKIP THE SCRIPT!

If you are experiencing limitations in mobility, pain with your regular activities, or an injury preventing you from continuing your daily routine, there's no need to wait!

- NO REFERRAL NEEDED
- FASTER RECOVERY
- COVERED BY MOST INSURANCE PLANS

#GetPT1st

LINCOLN PARK
1320 West Fullerton
773.770.2419

www.Lakeshore-PT.com

ILLINOIS CENTER
211 N Stetson Ave
312.801.8440

THE FACTS

- **Illinois state law now allows patients to directly schedule a physical therapy appointment without having to first see their doctor.**
- **Research shows that getting treatment in physical therapy sooner means quicker results and often avoids expensive diagnostic testing.** Patients who received an MRI first compared to physical therapy first spent, on average, \$4,793 more in associated health care costs. Seeking physical therapy first can decrease patient out of pocket expenses by 80% - plus, a physical therapy evaluation is often available within a day or two, if not that same day.
- **Physical therapy is a non-addictive treatment for musculoskeletal injuries without the negative side effects as opioids.** Studies have shown that using physical therapy to treat pain and dysfunction can decrease opioid use by close to 90%.
- **Your physical therapy services can be billed through your private insurance company and Medicare (details for each individual plan can be discussed with our team who will verify your individual benefits).**